



Annapurna Base Camp Trek (12 days)

ANNAPURNA REGION

12 Days
DURATION

Moderate
DIFFICULTY

USD \$1,250
FROM (PER PERSON)

QUICK FACTS

Duration	12 Days	Trip Difficulty	Moderate
Activities	Trekking	Accommodation	Tea house /Guest house
Meals	Breakfast ,lunch and dinner	Max Elevation	4,130 meters (13,550 feet)
Group Size	2-20	Best Time	Autumn (September to November) and spring (March to May)

TRIP HIGHLIGHTS

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OVERVIEW

The supernatural course of the 12-day Annapurna Base Camp Trek rewards epic touring of social and environmental diverse variety. Try not to pass up on the incredible opportunity to experience life at the foot of the world's tenth-highest mountain, Annapurna. Annapurna Base Camp trek cost is moderate for each wallet size. A magnificent sight of brilliant beams crawling down the snow goliaths of Annapurna is amazing. Wander through lush forests and snow-dusted meadows, cross swaying suspension bridges, pass terraced fields, and climb the winding slopes. Pass cascades, moraines, icy masses and rock-filled territory before the trail ascends to Annapurna Base Camp at 4130m/13549ft elevation.

Machhapuchre (Fishtail) Base Camp welcomes you preceding Annapurna Base Camp. Following a day of touring of social and religious world legacies and locales around the capital city Kathmandu, there is a short mountain trip to Pokhara, a lake city northwest of Kathmandu. The foot trail starts energetically through sub-tropical woods of bamboo, Rhododendrons, and oaks; a habitat to 1,226 blossoming plant species, 102 well-evolved creatures, 474 winged animals, 33 reptiles and 22 creatures of land and water. Modi Khola streams with holy water from Annapurna to the Ganges, continuing within most of the trail. Enjoy the stupendous perspective on Annapurna South, Hiunchuli, Gangapurna and Fishtail along with the trail's rise. Conventional towns with stone record top of Ghandruk, Chhomrong, and Landruk welcome energetically. Underground aquifer shower in Jhinu Danda fixes sore muscles. These towns are living social-historical centers showing the most genuine Nepalese neighborliness. Agreeable, grinning local people up and down the most cherished course always remember to welcome you with a warm "Namaste."

ABC trek is ideal to be finished during Autumn (Sept-Nov), Spring (March-May) and late-fall of December. Harvest time has a quiet distinctive sky with moderate temperature and some of the most noteworthy Hindu celebrations. Spring has a puzzling

Rhododendron bloom. Trekking during winter compensates a group-free vibe; however, set yourself up with appropriate bundling and extraordinary well-being condition. It is conceivable to achieve with sensible wellness; the Annapurna Base Camp trek's difficulty is to think about as a moderate or genuinely strenuous experience.

DAY-BY-DAY ITINERARY

DAY 1 Arrival in Kathmandu (1,300 m/4,265 ft)

- Max. Altitude:** 1,324 to 1,400 me (4,344 to 4,600 ft)
- Trekking Distance:** 2km
- Duration:** 30 min
- Overnight:** Hotel in kathmandu
- Meals:** Breakfast and Bed

Arrival in kathmandu nepal and our Pure Sherpa representative will welcome you at Kathmandu airport and transfer to your hotel the rest of time, you will investigate this captivating Kathmandu city at evening our guide will visit you to concise direction about the trek. You can do the shopping and purchase your vital trekking riggings close to the city. Finally, you will meet with the gathering for an appreciated supper at a neighborhood café.

DAY 2 Roaming around Kathmandu valley seeing the sights and trek preparation day

- Max. Altitude:** 1,324 to 1,400 me (4,344 to 4,600 ft)
- Duration:** 4-5 Hours
- Overnight:** Hotel in kathmandu
- Meals:** Breakfast and Bed

Roaming around Kathmandu valley seeing the sights and trek arrangement (By Taxi or Private Vehicle) After a wonderful breakfast, you continue to investigate the social and political center point of Nepal, Kathmandu valley. Starting from Patan Durbar Square-City of expressive arts to the Kathmandu Durbar square in the first part of the da. You visit the Shhikhara Style Krishna Mandir, Kumbheshwor Temple, Golden Temple Living Goddess Kumari and world’s biggest magnificent Boudhanath stupa then to the Swoyambhunath stupa-one of the most established religious site on peak additionally allude to as Monkey temple. You get the holiest social vibes all around the clamoring city that makes you feel inebriated with its appeal.

DAY 3 Kathmandu(1,300m/4,265ft) - Pokhara (820/2,690ft (By Bus, Private Vehicle)

- Max. Altitude:** 822 meters (2,697 feet)
- Duration:** 5- 6 Hours
- Overnight:** Hotel in Pokhara
- Meals:** Breakfast, Lunch and Dinner

After breakfast, we drive to **Pokhara**, a scenic journey of around **6 hours** through green hills, rivers, terraced fields, and traditional villages. Upon arrival, we check into the hotel and have some time to relax.In the evening, we explore the vibrant **Lakeside area** and enjoy a peaceful walk beside **Phewa Lake**, with beautiful views of the surrounding mountains and Machhapuchhre (Fishtail). We then enjoy dinner at a lakeside restaurant, followed by a short briefing about **the next day’s activities and preparations**.

DAY 4 **Travel from Pokhara(820m/2,690ft) to Ghandruk (1,940 m/6,364 ft) (By Jeep and Private Vehicle)**

Max. Altitude: 1,940 meters (6,365 feet)

Duration: 5-6 hours

Overnight: Tea House/ Guest House

Meals: Brekfast Lunch and Dinner

After breakfast, drive along the crisscross course to Nayapul and close by town Birethanti at the intersection of the Modi and Bhurungdi Khola (streams). Check-in your trekking licenses (ACAP and TIMs) and keep passing upstream through the terraced paddy fields coming to Syauli Bazaar. The further street rise hypnotizes with mountain perspectives on Machhapuchhare (Fishtail), Hiunchuli and Annapurna South. You will land at Gurung Village just before lunch. After Lunch, an intriguing town visit will be taken and share mountain town culture, custom, way of life and exhibition hall.

DAY 5 **Trek from Ghandruk(1,940m/6,364ft) to Chhomrong (2,170m/7,120 ft)**

Max. Altitude: 2,170 meters (7,120 feet)

Trekking Distance: Approx. 10 km

Duration: 6-7 Hours

Overnight: Tea House/ Guest House at Chhomrong

Meals: Breakfast, Lunch & Dinner

After breakfast, we follow the trail toward the **pasturelands**, crossing a suspension bridge before gradually ascending through lush subtropical forests of **rhododendron, oak, and other native vegetation**. As we climb higher, the first spectacular views of the Annapurna range begin to appear. The trail then follows a series of stone steps leading to **Chhomrong (2,170 m)**, a beautiful Gurung village and the gateway to the **Annapurna** haven.

DAY 6 **Hike from Chhomrong(2,170m/7,120ft) to Himalaya Hotel (2,900m/9,514ft)**

Max. Altitude: (2,900m/9,514ft)

Trekking Distance: Approx. 10-11 km

Duration: 6-7 Hours

Overnight: Tea House/ Guest House

Meals: Breakfast, Lunch & Dinner

The trail heads down the Chhomrong Khola passing the stone staircases. Cross the waterway by means of a metal suspension connect and rise higher to the little town of Tilche. Keep moving through flimsy woods and fields to Sinuwa. The trail heads to the Annapurna Sanctuary Area and upper Modhi Khola's thunder can be heard plainly as you stroll through thick timberland of bamboo, plants, Rhododendron, and oaks. Continue to Dhobhan through a thick woods and Himalaya Hotel anticipates you for the night remain.

DAY 7 **Trek from Himalaya Hotel(2,900m/9,514ft) to Annapurna Base Camp (4,130 m/13,550ft)**

Max. Altitude: (4,130 m/13,550ft)

Trekking Distance: Approx. 10 km

Duration: 6–7 hours

Overnight: Tea House/ Guest House at Annapurna Base Camp

Meals: Breakfast, Lunch & Dinner

After breakfast From **Himalaya Hotel (2,900 m/9,514 ft)**, the trail gradually climbs through rugged alpine terrain toward **Hinku Cave**, a large overhanging rock. We continue past rocky sections, small streams, and waterfalls before reaching **Deurali (3,230 m/10,598 ft)**.

From Deurali, the landscape becomes more dramatic as we follow the **Modi Khola valley** toward **Machhapuchhre Base Camp (3,700 m)**. The trail offers spectacular views of Machhapuchhre and surrounding peaks. After a steady walk through the alpine landscape, we continue toward **Annapurna Base Camp (4,130 m/13,550 ft)**, surrounded by the magnificent Annapurna range.

Resume the trek from Himalaya by climbing relentlessly to Hinku Cave; an overhanging rock. Dive lower to cross the snow patches and a stream before the conclusive move to Deorali (3,230m/10,598ft). The trail has snow-capped vegetation and enormous rocks in transit make stepping stool steps. Modi Khola continues prodding you as Machhapuchhre Base Camp approaches. The lush elevated trail is increasingly lovely with little cascade from rough mountains. Proceed with a moderate stroll for two hours to the base of grand Annapurna.

DAY 8 **Trek from Annapurna Base Camp(4,130m/13,550ft) to Sinuwa (2,360m/7,742 ft)**

Max. Altitude: 2,360m/7,742 ft)

Trekking Distance: Approx. 18 km

Duration: 7–8 hours

Overnight: Tea House/ Guest House

Meals: Breakfast, Lunch & Dinner

After breakfast, we leave **Annapurna Base Camp (4,130 m/13,550 ft)** and retrace our trail through the stunning **Annapurna Sanctuary**. The route descends past **Machhapuchhre Base Camp, Deurali, Himalaya, and Bamboo**, following the Modi Khola valley through beautiful forests and waterfalls. Welcome the extraordinary morning ahead of schedule with a magnificent sight of brilliant beams crawling down the snow monsters. Catch the amazing situation of standing in front of the world’s tenth most astounding mountain and it long goes with encompassing pinnacles enveloping Hiunchuli, Mt.Machhapuchhre, Mt.Gangapurna. After warm breakfast, follow back to Sinuwa through the snow-capped meadow and stones landscape.

DAY 9 **Trek from Sinuwa(2,360m/7,742ft) to Jhinu Danda (1,780 m/5,840 ft) - Landruk (1,565 m/5,135ft)**

Max. Altitude: 1,565 m/5,135ft)

Trekking Distance: Approx. 12–14 km

Duration: 5–6 hours

Overnight: Tea House/ Guest House

Meals: Breakfast, Lunch & Dinner

After breakfast, plummet to Chhomrong Khola and move to Chhomrong town. Your trail drops down to Jhinu Danda for Lunch watching the lovely woods and Modhi Khola. Appreciate hot shower by the waterway bank beneath the town. Cross new extension to reach Gurung town of Landruk through soak stone advances.

DAY 10 Trek from Landruk(1,565m/5,135ft) to Pokhara (820 m/2,690ft) (By Jeep, Private Vehicle)

Trekking Distance: 55–60 km by road

Duration: Approx. 3–4 hours

Overnight: Hotel In Pokhara

Meals: Breakfast, Lunch & Dinner

The simpler trail through the slight woods prompts Tolka, rise steeply to Deorali. The town over the highest point of edge offers Himalayan perspectives on the Annapurna range and Dhaulagiri. The beautiful perspective on Phewa lake and Pokhara city underneath it merit catching in your cameras. The sloppy trail invites as you head to Pothana through timberland and drop down to the town of Dhampus. Further, a short stroll to Phedi and drive to Pokhara. Move to your inn and free evening

DAY 11 Flight to Kathmandu

Max. Altitude: 1,400 meters (4,593 feet)

Duration: 25 min

Overnight: Hotel in kathmandu

Meals: Breakfast and Bed

After breakfast, we transfer to **Pokhara Airport** for a scenic flight to **Kathmandu**. The flight takes approximately **25–30 minutes**, offering beautiful views of the Himalayan foothills and mountains on a clear day.

Upon arrival in Kathmandu, we transfer to the hotel and have the rest of the day to **relax, explore, or do some last-minute shopping**.

DAY 12 Final flight back to your beautiful country

Meals: breakfast

After breakfast at 12 PM, we will check out of the lodging and head to the international airport. Alternatively, we can include other excursion activities before departing.

WHAT'S INCLUDED / NOT INCLUDED

Accommodation

- + Two nights’ accommodation with breakfast in Kathmandu (room with attached bathroom)
- + Accommodation during the trek

Meals & Dining

- + All meals during the trek (breakfasts, lunches, and dinners)
- + Farewell dinner in Kathmandu at the end of the trek

Guides & Porters

- + Government-licensed trekking guide
- + Porters for trekkers’ luggage (1 porter for every 2 trekkers)
- + Guide and porter expenses including meals, insurance, salary, lodging, transportation, and necessary equipment

Permits, Fees & Taxes

- + Annapurna Conservation Area Permit (ACAP) fee
- + Trekkers’ Information Management System (TIMS) card fee
- + All government and local taxes

Safety & Emergency Support

- + Rescue operation arrangements in case of complicated health conditions (costs covered by the traveler’s insurance)